

$$\frac{1}{2}(v_f^2 - v_0^2) = -g\Delta h$$

$$\frac{1}{2}(v_f^2 - 0) = -(9.80 \text{ m/s}^2)(-0.112 \text{ m})$$

$$v_f = \sqrt{2(-9.80 \text{ m/s}^2)(-0.112 \text{ m})}$$

$$= 1.48 \text{ m/s}$$

12. Note: Initial vertical speed is zero.

$$\Delta E_k + \Delta E_p = 0$$

$$\Delta E_k = -\Delta E_p$$

$$\frac{1}{2}m(v_f^2 - v_0^2) = -mg\Delta h$$

$$\frac{1}{2}(v_f^2 - v_0^2) = -g\Delta h$$

$$\frac{1}{2}(v_f^2 - 0) = -(9.80 \text{ m/s}^2)(-5.0 \text{ m})$$

$$v_f = \sqrt{2(-9.80 \text{ m/s}^2)(-5.0 \text{ m})}$$

$$= 9.9 \text{ m/s}$$

13. $\Delta E_k + \Delta E_p = 0$
 $\Delta E_k = -\Delta E_p$

$$\frac{1}{2}m(v_f^2 - v_0^2) = -mg\Delta h$$

$$\frac{1}{2}(v_f^2 - v_0^2) = -g\Delta h$$

$$\frac{1}{2}(v_f^2 - 0) = -(9.80 \text{ m/s}^2)(-2.0 \text{ m})$$

$$v_f = \sqrt{2(-9.80 \text{ m/s}^2)(-2.0 \text{ m})}$$

$$= 6.3 \text{ m/s}$$

Lesson 6—Power

1. $P = \frac{W}{t}$

$$t = \frac{W}{P}$$

$$= \frac{(45.0 \text{ kg})(9.80 \text{ m/s}^2)(6.0 \text{ m})}{1.50 \times 10^3 \text{ W}}$$

$$= 1.8 \text{ s}$$

2. $P = \frac{W}{t}$

$$= \frac{(20.0 \text{ kg})(9.80 \text{ m/s}^2)(2.50 \text{ m})}{2.00 \text{ s}}$$

$$= 245 \text{ W}$$

3. $v_{\text{average}} = \frac{v_f + v_0}{2}$
 $= \frac{3.00 \text{ m/s} + 0}{2}$
 $= 1.50 \text{ m/s}$

$$v_f^2 = v_0^2 + 2ad$$

$$(3.00 \text{ m/s})^2 = 2(a)(1.5 \text{ m})$$

$$a = 3.0 \text{ m/s}^2$$

$$F = ma$$

$$= (2.00 \text{ kg})(3.0 \text{ m/s}^2)$$

$$= 6.0 \text{ N}$$

$$P = Fv$$

$$= (6.0 \text{ N})(1.50 \text{ m/s})$$

$$= 9.0 \text{ W}$$

4. power out = Fv or mgv
 $= (8.5 \times 10^2 \text{ kg})(9.80 \text{ m/s}^2)(1.00 \text{ m/s})$
 $= 8.33 \times 10^3 \text{ W}$

$$\text{efficiency} = \frac{\text{power out}}{\text{power in}} \times 100$$

$$= \frac{8.33 \times 10^3 \text{ W}}{10.0 \times 10^3 \text{ W}} \times 100$$

$$= 83.3\%$$

5. $v_f^2 = v_0^2 + 2d$
 $(6.0 \text{ m/s})^2 = 2(a)(2.0 \text{ m})$
 $= 9.0 \text{ m/s}^2$

$$F = ma$$

$$= (5.0 \text{ kg})(9.0 \text{ m/s}^2)$$

$$= 45 \text{ N}$$

$$F = T - F_f$$

$$T = F + F_f$$

$$= 45 \text{ N} + 4.0 \text{ N}$$

$$= 49 \text{ N}$$

$$v_{\text{average}} = \frac{v_f + v_0}{2}$$

$$= \frac{6.0 \text{ m/s} + 0}{2}$$

$$= 3.0 \text{ m/s}$$

$$P = Fv$$

$$= (49 \text{ N})(3.0 \text{ m/s})$$

$$= 1.5 \times 10^2 \text{ W}$$